Learn How You Can Support Your Baby During the Hospital Stay and at Home

The birth of a baby born prematurely thrusts each family into an arena of multiple uncertainties and a wide range of emotions such as: fear of death, sadness, guilt, disappointment, fatigue, anxiety, joy, and surprise. Many families also encounter emotional, physical, and financial concerns as a result of their child’s hospitalization.

Recognizing this progression, Ronald McDonald House Charities® (RMHC®) Charleston developed Baby BLOOMS to offer appropriate support and resources designed to strengthen and assist families as they journey from the hospital to home. Through weekly learning and activity sessions, Baby BLOOMS seeks to enhance the parenting experience using evidenced based practices, while creating an opportunity to enrich bonding, infant care, and development.

For more information, contact Linda Logan, Program Coordinator, at 843-723-7957 ext 340 or Linda@RMHCharleston.org.
Join Us for Baby BLOOMS

Through the philosophy of family-centered care, all aspects of care are oriented towards supporting and involving the family — in partnership with the health care team — with the goal of improving quality, psychological well-being, clinical outcomes and the overall patient and family experience. RMHC Charleston aims to enhance parent confidence and skills as well as participation in the ongoing care of their infant in support of family-centered care through the Baby BLOOMS program.

Baby BLOOMS sessions are held every Tuesday and Thursday from 6:30–7:30 PM in the Dining/Living Room area of our House. All participants are invited to dinner starting at 6:00 PM. Families are not required to be staying at the Ronald McDonald House® to participate.

“I thought the experiences of my other three children prepared me for taking care of my new premature infant. I was amazed how much I learned. The Baby BLOOMS sessions alleviated many of my concerns. Just being able to share my anxieties with the other parents was worth going.”

– Parent Testimonial

TUESDAY SESSIONS
Parent Information Topics are rotated and repeat every five weeks:
• Surviving the Hospital Stay
• Comfort and Care
• Dealing with Stress
• Infant Development and Growth
• Preparing for Going Home

THURSDAY SESSIONS
Focused on family engagement activities through games or crafts.

Our Ronald McDonald House is a 32-bedroom “home-away-from-home” that provides a trusted, welcoming environment where families stay while their children receive treatments at MUSC Children’s Hospital.

RMHC Charleston
81 Gadsden Street
Charleston, SC 29401
www.RMHCharleston.org