Thank you for your interest in providing a home-cooked meal for the families of Ronald McDonald House Charities of Charleston! The Meals that Heal program is great for families, groups, co-workers, classmates, church members, and clubs. We serve three meals a day for our families, and we couldn’t do it without amazing groups and families like yours.

Below are a few guidelines to follow for the program:

- Available meal dates and calendar can be found online at [RMHCharleston.org/prepare-a-meal-request](http://RMHCharleston.org/prepare-a-meal-request). All groups must sign up through the website and must sign-in on our electronic tablets upon arrival to the house.

- **Meal Times, Availability and Amount to Prepare:**
  - **Breakfast** is served at 9:00 a.m. and is available Monday–Friday; Prepare for about 30 guests
  - **Brunch** is served at 10:30 a.m. and is available Saturday-Sunday; Prepare for about 35 guests
  - **Lunch** is served at 11:30 a.m. and is available Monday–Friday; Prepare for about 35 guests
  - **Dinner** is served nightly at 6:00 p.m.; Prepare for about 60 guests.

- Arrival time is not more than 2 hours before brunch, lunch, and dinner and 1 hour before breakfast.

- Parking is available in the parallel parking spots located in the alley, on the long side of the House.

- All meals must be prepared at the Ronald McDonald House or in a commercial kitchen establishment. (Grocery Store/Restaurant) We cannot accept pre-cooked or baked foods from home.

- 8 chefs are our maximum due to the size of our kitchen.

- Chefs must be over the age of 12 and children ages 12-18 must be supervised by an adult.

- The House has all the cooking equipment you will need, but if you have a question about a certain item please feel free to contact us.

- Please check our refrigerators before opening new products (especially condiments, cheeses, and butter).

- Your group is encouraged to bring drinks and dessert.

- Due to lack of room, we are not able to provide refrigerator or freezer space in advance.

- If you are having your meal catered please have the food delivered no more than one hour before serving.

Please contact Leigh Nuckols with any questions. [Volunteer@RMHCharleston.org](mailto:Volunteer@RMHCharleston.org) or 843-723-7957 ext. 305